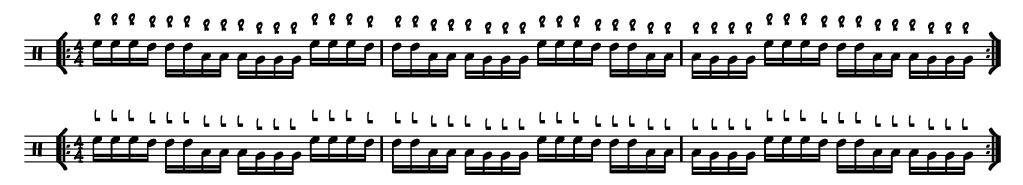


Drum Set Endurance Exercises Part Two

Continuing on from the first lesson on this subject, here are some groups of three and two applied to the toms with the same principle of ascending and descending sequences with right and left hand. Below are only descending patterns but remember to try them ascending too. Play these exercises for long periods with a click.

Groups of 3 (still in 16th's):



Groups of 2:

