Here’s a straight groove that’s fun to play and has some tricky left hand ghost notes.

Make sure to deal with one bar at a time and play it nice and slow. Once you’re able to play the pattern and you start to gradually speed it up to a ‘performance’ type of speed, pay extreme attention to dynamics and sound.

You can change the beginning phrase of the first bar to hi-hat & snare…still RLR but not all on hi-hat. This also swaps the sticking of the first two notes of the second group…it was RL and now it’s LR.